



# The Pilot



Monthly Newsletter of the

## Lake Hartwell Boating Club

From the Bridge - Billy Owens



Billy Owens taking the USPS oath with Ron Osbourne officiating

The 2019 Bridge year has come and gone. I had a blast this year and I hope you all did too! We stepped up the number of on the water activities this year to give folks more opportunities to participate and I am happy to announce that they did. We finished up with 15 wet events this year, from paddling on the French Broad and Saluda Rivers to a great weekend on the Tennessee.

Even more events are being planned for next year, including a Charleston trip for some Co-op charting and maybe locking through the historic Santee-Cooper Pinopolis on the way.

With the “Float Bob and Sips” attracting more and more members and guests, we will increase the number of these last minute, low maintenance raft outs. And we’ll definitely do another Tennessee river trip.

Winter plans include our annual Christmas party at the Lockmans on December 14th and we will have a Murder Mystery party on February 1st at the Solesbees. I have never participated in one of these, but it sounds fun, can’t wait!

Monthly Happy Hours will start again after the New Year. They are a great way to get out and try different places around Greenville.

So keep an eye out for the Pilot, our website, and Facebook page for all the upcoming events.

If you would like to have some input on our 2020 schedule of events, or help with something, mark your calendars to attend the Planning Meeting at our house on January 26<sup>th</sup>.

## Calendar of Events

### *LHS&PS Calendar of Events*

#### **December**

6 Parade of Lights - Western Carolina Sail Club  
Details can be found at <https://www.facebook.com/events/2097856693586034/>

10 Executive Committee Meeting  
14 Christmas Party at the Lockman's

#### **January**

14 Executive Committee Meeting  
23 - 26 Upstate SC Boat Show  
26 Planning Meeting at the Owens

#### **February**

1 Murder Mystery Party  
11 Executive Committee Meeting



Fran DeHart	12/05
James C. Pruitt	12/21
Merrill Patten Jr.	12/24
Chris Rose	12/25

### **Our Bridge**

**Commander:** Billy Owens, AP  
[president@lake-hartwell.org](mailto:president@lake-hartwell.org)

**Executive Officer:** Pete Stevenson, AP  
[vice-president@lake-hartwell.org](mailto:vice-president@lake-hartwell.org)

**Administrative Officer:** Nioka Rose, S  
[admin@lake-hartwell.org](mailto:admin@lake-hartwell.org)

**Education Officer:** Bert Baxter, AP  
[education@lake-hartwell.org](mailto:education@lake-hartwell.org)

**Secretary:** Charles Guderian, S  
[secretary@lake-hartwell.org](mailto:secretary@lake-hartwell.org)

**Treasurer:** Craig McQueen, AP  
[treasurer@lake-hartwell.org](mailto:treasurer@lake-hartwell.org)

**Assistant SEO:** Vacant

#### **Members At Large:**

Chris Rose, SN

Don Woodard, N

Nathan Reynolds, AP

#### **Nominating Committee**

Charles Guderian, S 1 Yr

Chris Rose, SN 2 Yrs

Lynn Solesbee, AP 3 Yrs



**Ladies and Gentleman, your attention please.  
A night of mystery and intrigue is in the planning**

**A minimum of 20 souls are needed**

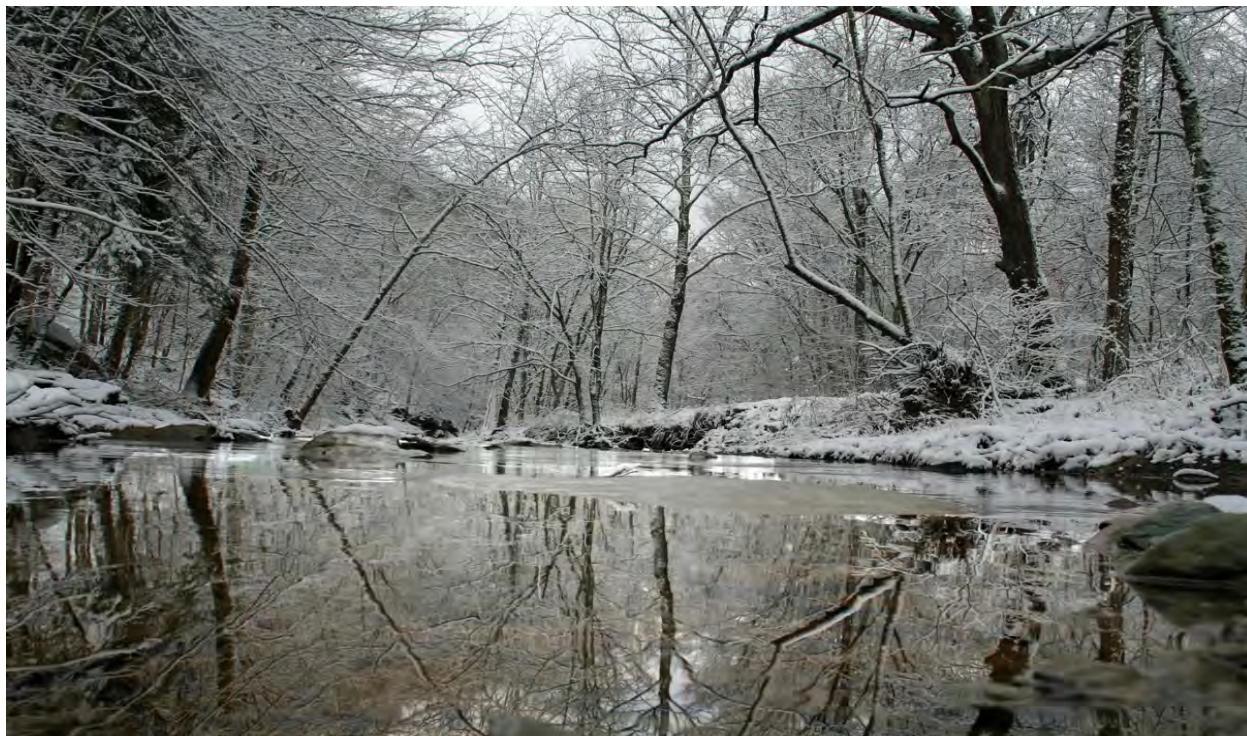
**The date is Saturday, February 1  
at the Solesbee's**

**Interested?**

**Email [admin@lake-hartwell.org](mailto:admin@lake-hartwell.org)**

**Press the CTRL key and click the email address to reply  
Or text 864 567 1505**

## Coop Charting



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

February is one of our squadron's assigned months to check the navigation aids on Lake Hartwell. Admittedly, it can be the most challenging month to be out on the lake so I suggest that we team up with a member who has an enclosed cockpit boat and try to pick an above average weather day to get the job done. Please coordinate your plans with a partner and with Jef Lockman in order to avoid duplication of zones. If we get most of the eight zones covered this time it could stand as a record accomplishment!

# Photos from Our Change of Watch



Bill Taylor receiving his 50 Year Membership Plaque



Nioka receiving the Commander's Cup and Chris Rose receiving the Chapman Award



2020 Bridge, Craig McQueen, Charles Guderian, Nioka Rose, Bert Baxter, Pete Stevenson, Billy Owens and Chris Rose

# November Happy Hour at The Growler



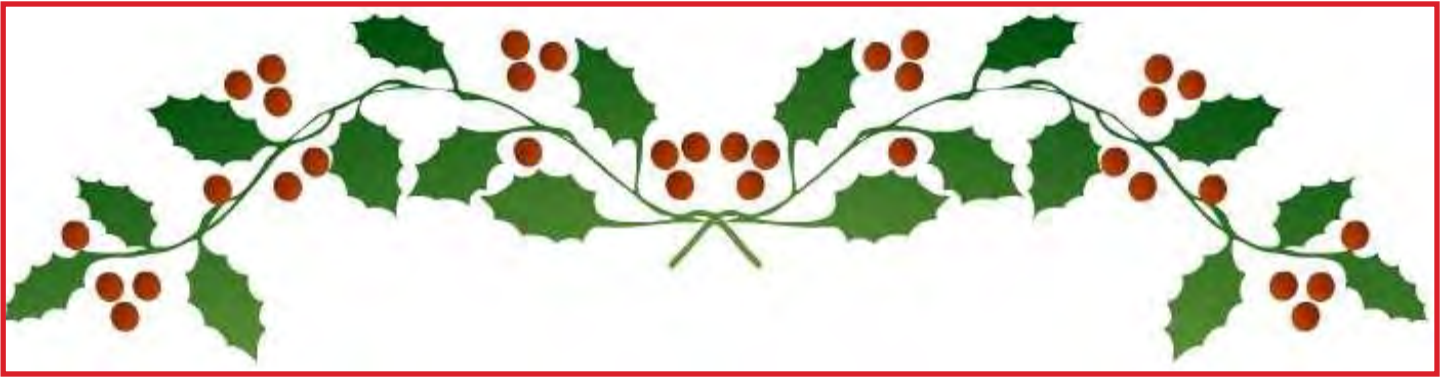
Ivy and George Williamson



Bert and Amy Baxter



Charles Guderian, Rosemary Stevenson, Lynn Solesbee, Pam Guderian, Mr. Bones and Melissa Solesbee



November 16, 2019

The Lake Hartwell Boating Club Christmas Party is just around the corner.

Well, sorta, it is 28 days away.

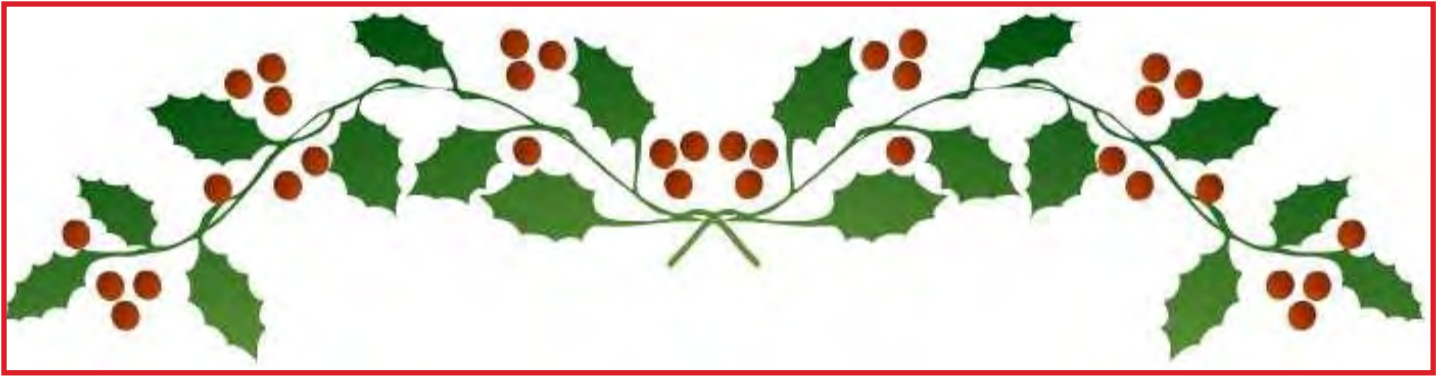
Christmas is near  
So be of good Cheer  
The feast is laid on  
And there's plenty of beer.



I know you have set aside the date and only need the details. Well here they are:  
December 14, 2019 at 6 PM



Jef and Angela Lockman will host the event in their home at 102 Woodstream Way, Williamston, SC 29697.



For sure your GPS will be available to substitute for Rudolph and guide you straight in.

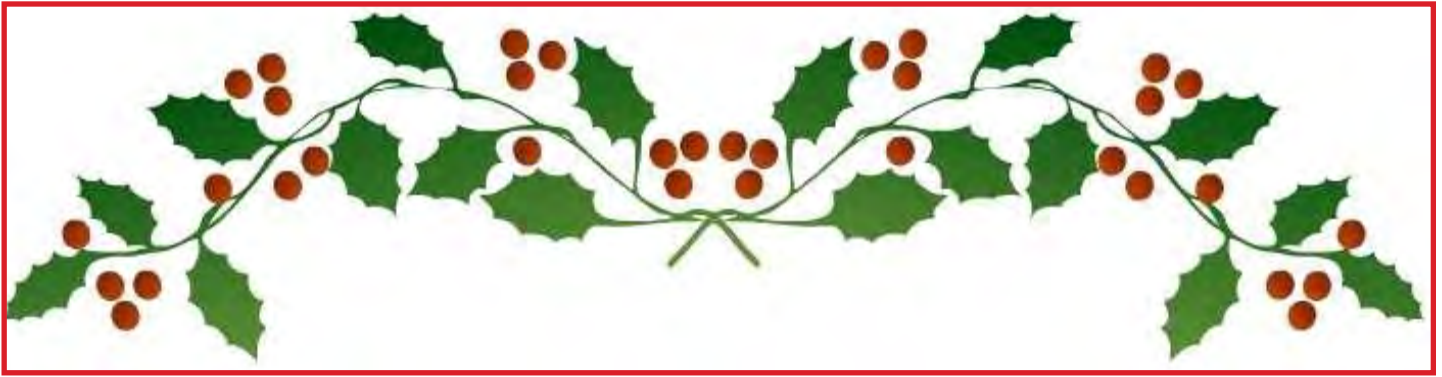


Angela and Jef will have ham, turkey, beer and paper products for our enjoyment. Everyone is welcome to bring an appetizer, a dessert or broccoli. Just be sure to bring your favorite beverage in case Billy and I drink all the beer.



And be sure to bring an unwrapped toy which will be delivered to the USMC Toys for Tots program.





Of course there will be the famous gift trading session so be sure that each person brings a wrapped gift. Try and find something that many will covet so that we can enjoy many thefts of prized possessions. Try to target \$10-12 and not more than \$167 Trillion.



What else is there? Oh yes, please RSVP to Jef at 864 901 7939 (call or text) by Dec 7, so we can ensure the sentries expect you.



Pete Stevenson



# Cold Weather Boating

## Avoiding Cold Air And Water Dangers

Winter boating season has arrived. It's important to refresh ourselves on some of the precautions and procedures necessary for safe boating under winter conditions. The rule of thumb is if the air and water temperature added together equal less than 100 degrees Fahrenheit you should take special cold temperature precautions:

- Always connect your lanyard or electronic engine safety cut-out switch.
- Have a means of recovering a man overboard quickly (see our post, "[Man Overboard! Now What?](#)".)
- Wear a properly fitted life jacket, preferably even a special life jacket with extra insulation.
- Dress for the water temperature, with lots of layers, including a hat. The first layer should be a synthetic fabric that limits water intrusion.
- Bring extra clothes in a dry bag.
- Stock energy bars and a thermos of a warm beverage.
- Know the basics of first aid for treating hypothermia.

## Cold Water And Its Effect On The Human Body

If someone goes into the water, a basic understanding of cold water human physiology can help you save a life. The dangers in cold water immersion are progressive.

First, upon immersion in cold water, the body sustains an immediate gasp reflex. If the head is submerged, the victim will involuntarily inhale water instead of air. Most victims not wearing life jackets will not resurface.

Next, initial cold shock (lasting 3 to 5 seconds) can cause panic, hyperventilation and increase heart rate. In older victims, this shock can cause a heart attack.

Then, within 3 to 30 minutes, the victim will lose the ability to swim, resulting from loss of muscle coordination. This is why the victim must always stay with the boat and never leave a source of flotation. Approximately 75% of victims lose consciousness and die within 3 to 30 minutes of immersion.

Finally, true hypothermia sets in after about 30 minutes. Blood pressure drops, and inhaled water brings lung damage. Heart function is impaired as cold blood from the extremities is released into the body core.

## Recovered Victim First Aid

Proper medical attention is essential to re-warm the body of a recovered victim. It is critical to seek trained medical help as fast as possible. In the meantime, trained first aid practices may save the life of the victim.

The victim usually exhibits intense shivering, loss of coordination, mental confusion, cold and blue (cyanotic) skin, weak pulse, uncontrolled breathing, irregular heartbeat and enlarged pupils. During the recovery process, monitor the victim constantly for breathing and a heartbeat. Start CPR if necessary.

The cessation of shivering following recovery brings with it additional danger, because once shivering stops, core body temperature drops rapidly. Wrap the victim in warm clothing to slow loss of core body heat. Gently move the victim to a warm shelter. Handling the victim with a minimum of body movement is critical--rough handling can cause cardiac arrest or a stroke. Try to keep the victim in the same position as he was rescued. Remove the victim's wet clothes and replace with dry clothes or a blanket. If possible, warm the clothes first. Cut the wet clothes off if necessary. Ideally, put a stocking cap on the victim's head. Much heat is lost through the head.

If moving to a warm shelter is necessary, carefully lay the victim in a level, face-up position with a blanket beneath. Only if the person is conscious and coherent, offer warm (not hot) sugary liquids.

Despite what is shown in popular media, never give alcohol to a hypothermic person. This is because alcohol dilates (opens) the veins, which will make the body lose heat more rapidly through the extremities.

Never apply heat to the arms and legs. This forces cold blood from the extremities back toward the heart, lungs and brain, lowering core body temperature and causing "after drop" which can be fatal.

Never massage the victim or give the victim a hot bath—this can cause cardiac arrest.

Even though the victim may appear to be stable, they are still in a cardiovascular crisis. Professional medical treatment must be obtained as quickly as possible.

Reference: <https://www.boatus.org/cold-water-boating/hypothermia/>

## Cold Weather Boating



Cold weather boating can be fun, but be sure to take precautions and understand first aid procedures. (Photo Credit: Al Posnack).

**COLD WATER KILLS  
ARE YOU NEXT?**

Cold water causes an involuntary gasp (or torso) reflex

Cold Water Shock - 1 Min  
Cold Incapacitation - 10 mins  
Hypothermia - 1 Hour

Falls are involved in 19% of all water-related fatalities

It takes less than 1/2 cup of water in your lungs to drown

US Army Corps of Engineers  
[www.CorpsLakes.us/watersafety](http://www.CorpsLakes.us/watersafety)

Life Jackets Worn - Nobody Drowns  
PleaseWearIt.com

# Ship's Store



## Port Authority Rapid Dry Polo.

Port Authority Rapid Dry Polo. Soft and breathable, this baby pique polo has our exclusive Rapid Dry moisture-wicking technology. This unique knit has a soft inner layer which wicks moisture away from your skin to the shirt's surface where it quickly disperses and evaporates. 5.6-ounce, 60/40 cotton/poly Double-needle stitching throughout 3-button placket Pearlized buttons Open hem sleeves Side vents

**Price \$26.00**

Colors: White; Classic Navy; Dark Green; Royal; Jet Black; Red; Charcoal; Seafoam; Stone; Riviera Blue; Boysenberry Pink;

Moroccan Blue; Dusty Purple

Sizes: XS; S; M; L; XL; 2XL; 3XL; 4XL; 5XL; 6XL



## Port Authority Outdoor Wide-Brim Hat.

Port Authority Outdoor Wide-Brim Hat. Trail-ready, this high-performance essential features No Fly Zone insect repellent technology, UPF 30+ sun protection, a concealable sun flap and a moisture wicking sweatband. The foam brim keeps it afloat in water. Fabric: 75/25 poly/nylon rip stop Structure:

Unstructured Features: Adjustable cord at crown, clip-on and adjustable drawcord

**Price \$20.00**

Colors: Coffee Cream; Olive Leaf; Stone

Sizes: S/M; L/XL



## Sport-Tek 1/4-Zip Sweatshirt.

Sport-Tek 1/4-Zip Sweatshirt. These durable, colorfast quarter-zips feature a better fit with minimal shrinkage, as well as 2x2 rib knit cuffs and waistband. 9-ounce, 65/35 ring spun combed cotton/poly fleece Twill-taped neck 2x2 rib knit cuffs and hem with spandex \*Please note: This product is transitioning from woven labels to tag-free labels. Your order may contain a combination of both labels

**Price \$31.00**

Colors: Athletic Heather; Black; Forest Green; Graphite Heather; Maroon; True Navy; True Red; True Royal; Vintage Heather; White

Sizes: XS; S; M; L; XL; 2XL; 3XL; 4X

## Ship's Store



### **Eddie Bauer - Long Sleeve Fishing Shirt.**

Eddie Bauer - Long Sleeve Fishing Shirt. Designed with the needs of fishermen in mind--but equally comfortable anywhere--this shirt has all the bells and whistles: a built-in rod holder, two large fly box pockets, utility loop and more. 3.5-ounce, 100% cotton poplin 100% polyester mesh upper back lining Built-in rod holder Two large fly box pockets with hook and loop closures Zippered chest pocket Utility loop and tool holder Cape back with mesh ...

**Price \$47.00**



### **Eddie Bauer - Short Sleeve Fishing Shirt.**

Eddie Bauer - Short Sleeve Fishing Shirt. Designed with the needs of fishermen in mind--but equally comfortable anywhere--this shirt has all the bells and whistles: a built-in rod holder, two large fly box pockets, utility loop and more. 3.5-ounce, 100% cotton poplin 100% polyester mesh upper back lining Built-in rod holder Two large fly box pockets with hook and loop closures Zippered chest pocket Utility loop and tool holder Cape back with mesh...

**Price \$41.00**

Colors: Blue Gill; Driftwood; Goldenrod Yellow; Seagrass Green; White  
Sizes: XS; S; M; L; XL; 2XL; 3XL; 4XL



### **Sport-Tek Ladies Sport-Wick Textured Colorblock 1/4-Zip Pullover**

Sport-Tek Ladies Sport-Wick Textured Colorblock 1/4-Zip Pullover. Contrast sleeve stripes and texture give this moisture-wicking pullover an unrivaled look. 100% polyester Gently contoured silhouette Cadet collar Tag-free label Taped neck Front and back princess seams Contrast Vislon zipper Angled chin guard for additional comfort Set-in sleeves Thumbholes to keep hands warm Open cuffs and hem Slight drop tail hem

Colors: Black/ Iron Grey; Iron Grey/ Black; Pink Raspberry/ Iron Grey; True Royal/ Black; White/ Iron Grey

Sizes: XS; S; M; L; XL; 3XL; 4XL; XXL

**Price \$33.00**

## Ship's Store



12" by 18" Burgee  
Price 26.00



4" Burgee Decal  
1.00



# Lake Hartwell Boating Club

## Executive Committee Meeting Minutes

November 12, 2019

MD 360 Powdersville, SC

### 1. Call to Order

A quorum was established with six members present as follows: Billy Owens, Pete Stevenson, Chris and Nioka Rose, Charles Guderian, and Don Woodard. The meeting was called to order and Billy Owens led the group in the pledge and invocation. The October minutes were accepted as published in The Pilot.

### 2. Department Reports

1. Billy Owens is in the process of collecting the award trophies which will be redistributed at an award ceremony yet to be scheduled in the new year. If you have an award for a previous year please return it to him. The official URL for our squadron is: [Upstate Boating Club.Org](http://UpstateBoatingClub.Org) and our Facebook page is [Lake Hartwell Boating Club](https://www.facebook.com/LakeHartwellBoatingClub) while our "official title" is [Lake Hartwell Sail and Power Squadron](https://www.facebook.com/LakeHartwellSailandPowerSquadron). Billy also mentioned that with the assistance of Don Woodard the Merit Marks were submitted and awarded. He also reviewed an effort underway by himself and Nioka to see that the national website properly refers people from the USPS national website to our squadron.
2. Pete Stevenson reported that the seventh-grade boating education classes which have been held and scheduled at Star-Iva Middle School have been put on hold for the time being.
3. Lynn Solesbee was not present so there was no financial report but it was noted that the education account is fully funded at this time.
4. Nioka Rose gave an overview of the recent Fall conference with additional details around the SARS program. She also reported that fifteen people have expressed interest in participating in the "murder mystery" skit which is tentatively scheduled for February 1, 2020. Billy will publicize it on the Facebook page as well. She also mentioned that the next issue of the pilot will include a link to her email ([admin@lake-hartwell.org](mailto:admin@lake-hartwell.org)).
5. Chris Rose reported that educational material for scheduled classes is now available for squadrons to download and print and that there are more and more short educational videos available from national as well.

### 3. Pilot article assignments are as follows:

**Billy= From the Bridge**

**Nioka= Murder Mystery Event**

## Executive Committee Meeting Minutes

**Pete= Christmas Party**

**Don= Safety Article**

**Charles= Co op Charting**

**5. New Business-** Several events are scheduled as follows:

Christmas party December 14<sup>th</sup> at Lockman's

Boat Show January 23-26

Murder Mystery Party February 1, 2020

February ABC date to be determined by Bert Baxter, the new SEO

**6. The next ExCom meeting is at MD 360 Powdersville Tuesday December 10<sup>th</sup> @ 6:30PM**

**7. Adjourned 7:45 PM**

Submitted by: Charles Guderian, Secretary



*For Boaters, By Boaters<sup>SM</sup>*



### **The Pilot**

Official monthly publication of the Lake Hartwell Boating Club

**Editor: Nioka Rose**

**Proofreaders: Pete & Rosemary Stevenson**

**Distribution: Don Woodard**

Items are due on the 20th of the month preceding publication. Articles should be emailed to:

**editor@lake-hartwell.org.**

The editor reserves the right to edit submissions in a style that best serves the needs of LHS&PS, District 26, and United States Power Squadrons©

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